

## **ITEMS THAT CAN BE DONATED TO MILITARY MEMBERS OVERSEAS**

### **CANDY**

- Candy (heat resistant)
- Fruit Breezes (throat drops)
- Twizzlers

### **CORRESPONDENCE**

- Pens/Pencils
- Stationary, Greeting Cards-Holiday cards
- Writing Paper and Envelopes

### **DENTAL**

- Floss
- Mouthwash
- Toothbrushes
- Toothpaste

### **DRINK**

- Coffee (instant)
- Coffee Creamer
- Gatorade (powder)
- Powdered Drink Mixes
- Tea Mixes (sweet) (or tea bags)
- Kool-Aid bursts- to freeze

### **FOOD** (including dry goods, snacks)

- Sugar packets
- Beef Jerky
- Canned Fruit (pop top cans)
- Cereal (in small boxes)
- Condiments Packages (ketchup, etc)
- Girl Scout Cookies
- Granola Bars
- Gum (no sticks)
- Oatmeal (instant)
- Pop-Tarts
- Ravioli (pop top cans)
- Tuna Kits

### **GAMES**

- Board Games
- Checkers (travel size)
- Chess (travel size)
- Crossword Puzzles
- Playing Cards
- Small Hand-held Games
- Any type of "get away" or respite items for the families, such as tickets to movies, games, zoo etc.

## **PRINTED MATERIALS**

- Books (novels, short stories)
- Newspapers (local)
- Magazines (appropriate)
- Paperback Books

## **TOILETRIES/HYGIENE**

- Baby Wipes
- Eye Drops
- Deodorant
- Feminine Hygiene Products (for female soldiers)
- Foot Powder
- Hairbrushes
- Hand Lotion
- Hand Sanitizers (waterless)
- Lip Balm
- Nail Clippers
- Q-Tips
- Razors (disposable)
- Shampoo
- Soap
- Sunscreen
- Tylenol (individual packets)
- Wash Rags

## **OTHER**

- American Flags (small)
- Baggies (with zip lock)
- Batteries (AA, D, ....)
- Duct Tape
- Disposable Cameras
- Flashlights (mini/mag lite, extra bulbs, lots of batteries)
- Fans (battery powered - small - with extra batteries)
- Fly Strips
- Fly Swatters
- Gift Cards for families (Walmart, Target, Cub, - Gas, etc.)
- Pre-Paid Phone Cards
- Shoe Insole Cushions
- Socks (cushioned)
- Sunglasses (black - no brand names)
- Sweatbands (for use inside helmets)
- Monetary Donations for postage fees

## **MUSIC/VIDEO**

- CDs
- DVD movies (PG, R - previously viewed is great)